

# JEANNE L. LOVELAND FREIBERGER, LCSW

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## HIGHLY ACCOMPLISHED K-8 SCHOOL COUNSELOR AND THERAPIST

Dedicated professional with experience creating and managing school counseling programs for private and religious day schools. Collaborate with administration, faculty, and parents on goals and strategies aligned with school. **Core competencies include:**

- Brief and Extended Therapy
- Social & Emotional Learning
- Child Assessment
- Crisis Intervention
- Parental Consulting & Workshops
- Child Study Teams / IEPs
- Community Outreach
- Communication
- Program Development
- Daycare Consultation
- Group Treatment
- Conflict Resolution

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## SCHOOL COUNSELING EXPERIENCE

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### **SCHOOL COUNSELOR**, 2002 to Present (alternate days)

ST. MATTHEW'S EPISCOPAL SCHOOL, San Mateo, California

Established a school counseling program in religious day school for Kindergarten through 8<sup>th</sup> grade students to provide services, including: crisis intervention, brief treatment, collaborating / consulting with teachers, teaching social and emotional classes, and presenting parent-education talks. Counseling issues have included: parental and sibling problems, depression, sexual / physical abuse, divorce, suicide, anxiety, peer relationships, loss, and developmental issues. Expanded child study team program and coordinated outside evaluations and strategies for success and follow-up.

#### **Selected accomplishments:**

- Developed proactive social / emotional learning for classes to build kindness, teach conflict resolution, and avoid bullying in Kindergarten through 4<sup>th</sup> grades.
- Led Middle School groups in classroom and at retreats to facilitate growth and social / emotional, anti-bullying, character development, and conflict resolution issues.
- Coordinate outside evaluations, referrals, and assessments to aid in developing student plans.
- Partnered with computer teacher to develop education program for Internet and media safety.
- Led effort to aid school community in dealing with tragedies of a parent suicide and other parent deaths, and the loss of a student.
- Identified community resources and built ties to refer students and families for testing and evaluation in areas outside of the school curriculum, such as: mental health, OT, speech, and language in both the public and private sector.

### **SCHOOL COUNSELOR**, 1998 to Present (alternate days)

ST. MATTHEW'S CATHOLIC SCHOOL, San Mateo, California

Developed and implemented a K-8 school counseling program. Areas of focus include: conducting monthly parenting talks, administering brief/long-term treatment, collaborating with teachers and administration, co-leading 8<sup>th</sup> grade student retreat, and teaching social and emotional classes. Integrated group sessions with Middle School students on social issues, including conflict resolution, anti-bullying, and positive peer relationships. Integrated curriculum with topics of sex education, eating disorders, and alcohol and substance abuse. Counseling issues have included depression, sexual / physical abuse, divorce, suicide, anxiety, peer relationships, and parental and sibling problems. Co-led programs on Internet and media safety. Coordinated referrals to outside evaluations.

#### **Selected accomplishments:**

- Developed and led student study team.
- Developed social-emotional learning program for classes in Kindergarten through 8<sup>th</sup> grade.

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*Professional Experience Continued*

- Collaborated with Physical Education teacher to create and implement an annual safety program to educate students on techniques to avoid dangerous situations.
- Coordinated and led emergency interventions following student and parent deaths and continued to support school and families.
- Counseled parents on how to help their children cope with emergency situations, such as 9/11.

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**ADDITIONAL EXPERIENCE**

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**INSTRUCTOR, 2009**

CALIFORNIA ASSOCIATION OF INDEPENDENT SCHOOLS

Taught seminar, "When is the classroom teacher not enough? Student support and referrals," focusing on best practices to support students and fellow faculty, as well as the usefulness of developing a student study support team and how to use it effectively.

**PRIVATE PRACTICE, San Mateo, CA, 1993 to Present**

Focus on treatment for children from infants through adolescents and their families; also routinely treat adults and couples. Treatment modalities include play therapy, individual psychotherapy, family therapy, and dyadic treatment. Services include mental health evaluations, co-parent counseling, mediation, and assessments and treatment for individuals and families.

**ASSOCIATE DIRECTOR / CO-FOUNDER, 1994 to 1996**

CLEO EULAU CENTER, Palo Alto, California

Co-founded agency focusing on solutions for childhood trauma and community collaboration for mental health services. Treatments often related to high-conflict divorce, post-traumatic stress reactions, separation and loss, and violence and abuse. Administered and oversaw integration of training and services. Supervised clinical staff, consultations, training, and treatment in most difficult cases.

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Prior experience as **Assistant Director of Child Services** at Family Service Mid-Peninsula in Palo Alto, CA; **Clinical Social Worker** at Children's Health Council at Stanford in Palo Alto, CA; and **Clinical Social Worker** at Children's Hospital at Stanford in Palo Alto, CA. Highlights include:

- Developed and supervised school-based mental health program in Sunnyvale and Cupertino public school districts. (Family Service Mid-Peninsula)
- Worked on diagnostic teams: adolescent, elementary school, and Infant/Young Child. (Children's Health Council)
- Served on 4 multi-disciplinary clinics: eating disorder, adolescent, asthma allergy, and oncology. (Children's Hospital at Stanford)

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**EDUCATION AND CREDENTIALS**

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**LCSW License # 16463**

**Master of Social Work (MSW)**

SMITH COLLEGE SCHOOL FOR SOCIAL WORK, Northampton, MA

**Bachelor of Arts in Liberal Arts**

SAN FRANCISCO STATE UNIVERSITY, San Francisco, CA